

## Hot Drinks

### Teas

Tea (any variety) Served in a mug	£1.40
Tea (any variety) Served in a pot	£2.00
Tea for Two (any variety)	£3.00

### Coffees

	Reg	Lrg
Americano	£1.90	£2.10
Latte	£2.10	£2.40
Cappucino	£2.10	£2.40
Mocha	-	£2.50
Espresso	£1.50	£1.70
Hot Chocolate	-	£2.40

**Add a shot of syrup to any coffee** **£0.40**

## Cold Drinks

### Frappes **£2.75**

Vanilla frappe served with crushed ice and our best espresso along with your choice of flavoured syrup.

Syrups: Vanilla, Chocolate, Caramel, Hazelnut, Gingerbread, Ameretto, Banana

Sugar free syrups: Caramel, Hazelnut, Vanilla

### Fruit Crush **£2.75**

Crushed ice, fruit and fruit syrup combine to make our refreshing summer quencher.

Choose from: "Blueberry & Blackberry", "Strawberry and banana", "Raspberry", "Mango and Apple" or "Pineapple and Passion Fruit"

**Iced Teas** **£2.00**  
**Cans & Bottles** **from £1.00**

## Milkshakes **£2.50**

Our milkshakes are made with fresh milk and ice cream. Choose from a wide variety of flavours, just ask at the counter for the list!

**Add a scoop of any flavour New Forest Ice Cream**  
**£0.80**

## Homemade Cakes and Slices

Perfect with a nice cup of tea or coffee, please ask at the counter for today's choices.

**From £1.00**

**Cream Teas** (subject to availability) **£3.00**

## Ice Cream

Check at the counter for current flavours of delicious New Forest ice cream.

One Scoop	£1.50
Two Scoops	£2.20
"99" flake	add £0.30

**Banana Split** **£3.80**

3 scoops of ice cream, a banana, cream, sauce, café curl and sprinkles

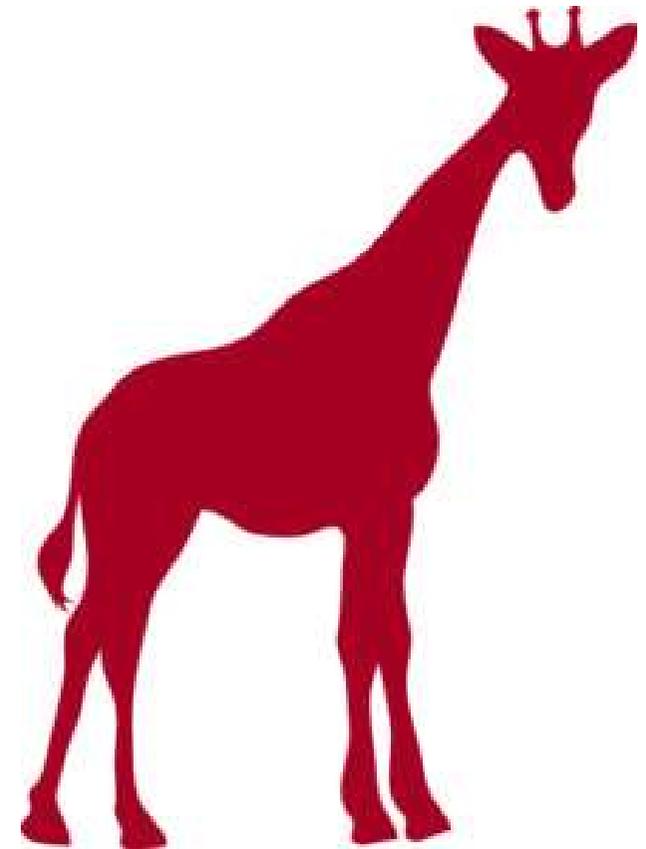
**Create your own Sundae** **£3.50**

3 scoops of ice cream, cream, sauces, café curl and sprinkles

**Allergy advice: every effort is made to reduce cross contamination however our fresh and homemade products are not produced in a nut or gluten free environment and customers with special dietary needs are advised to discuss their requirements with a member of staff prior to purchase.**



# MENU



Please order at the counter.

## Breakfast

Porridge  
Served with your choice of syrup £1.80

### Baps, Sandwiches or Toasties

Bacon £2.80  
Sausage £2.80  
Egg £2.80  
Any two of the above £3.20  
Breakfast (Bacon Sausage and Egg) £3.50  
Toast (2 slices) - with jam/marmite £1.00  
Beans on toast £1.50  
Scrambled Egg on toast 1 Egg £2.00  
2 Eggs £2.50  
3 Eggs £3.00

## Light Bites

**Cheesy Nachos £2.80**  
Nachos covered in melted mature cheddar  
Served with salsa and sour cream  
**Cheesy Nachos To Share £4.95**  
Same as above but loads more!  
**Add Chicken Pesto to your Nachos £1.00**  
**Hummus £2.95**  
Served with warm pitta bread and crudités  
**Olive Tapenade £2.50**  
Served with sliced, warm pitta bread  
**Caprese £2.95**  
Mozzarella served with tomato and basil  
**Crusty Bread £2.50**  
With Balsamic Vinegar & Extra Virgin Olive Oil

## Homemade Soup of the Day

Check the board for today's variety.

Served with 2 slices of bread £3.00  
And a Sandwich £5.00  
And 1/2 a Sandwich £4.00

## Sandwiches and Wraps

All our sandwiches are served on fresh white or brown bread with salad on the side, if you would like salad inside your sandwich please ask. All our wraps are served in a floury tortilla with salad in the wrap and a salad garnish.

Ham  
Chicken  
Tuna Mayonnaise  
Chicken Mayonnaise £3.00  
Egg Mayonnaise  
Cheese  
Chicken pesto

The iMBiZO BLT £3.50

**Upgrade to a baguette for: £0.40**

### Toasties & Melts – All served with side salad £3.20

On white or granary. Ask for a melt and we add a generous helping of mature cheddar.

Cheese  
Bacon  
Ham & Tomato  
Chicken  
Roast Beef  
Tuna  
Marmite

### Toastie Specials – All served with side salad £3.60

Bacon, Brie and Cranberry Melt  
Chicken and Bacon Melt  
Chicken Pesto Melt  
Bacon, Egg and Tomato Melt

**Club iMBiZO Melt £5.00**  
Ham, Bacon, Chicken and Cheese  
Add sauces as you wish!

**Upgrade any toastie or melt to a Panini for: £0.40**

## Jacket Potatoes – All served with side salad

Choose from beans or any sandwich or toastie filling. £4.00

**New! With chilli £4.00**

Add additional meat/fish item £1.00  
Add additional veg item £0.50

## Salads

Chef's Salad £3.60  
Freshly prepared each morning our chef's salad forms the basis for all our salads and Ploughman's or can be served as a delicious meal all on its own.

Ham Salad £4.50  
Chicken/Chicken Pesto Salad £4.50  
Cheese Salad £4.20  
Tuna Salad £4.50

### Ploughman's £5.00

Ham, chicken or cheese, a side salad, pickles, a hardboiled egg, chutney and some fresh bread and butter.

### iMBiZO Ploughman's £6.00

With ham, chicken and cheese, perfect if you're hungry and can't decide!

**To any meal add: Branston Pickle, Mustard, Wholegrain Mustard, Horseradish, Mayonnaise, Salad Cream, and Cranberry Sauce Free**